



सूर्जान  
2024-25

**PRADEEP MEMORIAL COMPREHENSIVE  
COLLEGE OF EDUCATION**



## PMCCE AT A GLANCE

Pradeep Memorial Comprehensive College of Education was established in 2000 and is recognized by the National Council for Teachers Education (NCTE) and duly affiliated with the Guru Gobind Singh Indraprastha University, SCERT Delhi.

The PMC College of Education is a premier college of Education in Delhi managed by PSM Public School Educational Society (Regd.), which has an illustrious background of 30 years in the field of education. At PMCCE, it is our aim to provide an exemplary atmosphere to budding teachers for their future success and contributing to society. We do this by providing them firm grounding in requisite skills and knowledge that, we believe, will result in them striving for teaching excellence, and in becoming exceptional teachers who will transform the realm of young minds. The college from its inception is known for providing good and quality education to the trainees. The college has been getting ranks and gold medals from its inception. The college has got good infrastructure with a well-equipped library, ICT Lab, computer lab, multipurpose halls and well-ventilated classrooms, etc. The college has desirable friendly campus, which also supports inclusive education with appropriate infrastructure.

We have well qualified, efficient and experienced faculty to provide quality training to teacher trainees. The goal of PMC College of Education is to provide quality learning experiences to develop the holistic personality of the teacher trainees.

**CHIEF PATRON**

**Mr. Deepak Vijayran**

**PRINCIPAL**

**Dr. Bharti Dimri**

**EDITOR**

**Dr. Alka Narula**

## CHAIRMAN'S MESSAGE



A College's magazine means a lot more than being a mere collection of articles contributed by the students of the college. It is an endeavor to channelize the immense power that today's young generation wields. It is an expression of their thoughts and opinions. It is the very identity of the college, metaphorically. And hence I, as the chairman of this prestigious institution feel humongously honored and privileged to forward this edition of "Srijan" before you.

We strive to establish a vibrant learning environment, where teachers and students are engaged in a collaborative partnership of expanding the horizon of their knowledge and skills through mutual effort. This was possible because of the outstanding dedication of the Principal of the college and the sincere efforts of the teachers. I extend my full support to all endeavors aimed at the advancement of the student community.

**Mr. Deepak Vijayran**

## PRINCIPAL'S MESSAGE



"Education is the real treasure", implies that education survives and emerges where everything else fails. It is a priceless gift of wisdom, a gift more precious than any other material. In the 24 years that it has come into existence, the college has done much to maintain and expand the standard of education and sound ethical values. The college has achieved an enviable reputation. The philosophy of the institution is based upon a strong set of beliefs. The stress is laid on healthy competition which helps to improve quality.

I am fortunate to be a part of the PMCCE family which untiringly assist me in my efforts to continually raise the benchmark of our success. A dedicated team of faculty members and non-teaching staff form the backbone of our institution. I view my role as an administrator and a friend who facilitates the overall development of the students of the college. I congratulate the entire PMCCE teaching and non-teaching staff and appreciate their dedication. And I sincerely wish that our college continues to inspire the students in the years ahead. At last, I would like to extend my gratitude to our chairman Mr. Deepak Vijayran for his unflinching support and motivation throughout the journey. His stature needs no introduction, he is our inspiration. I again thank him and wish for the support in the future.

**Dr. Bharti Dimri**



## A COLLEGE STUDENT'S LIFE

I rush through dawn's early light,  
To chase the dreams that fill my night.  
A teacher I aspire to be,  
To shape young minds and set them free.

The library's my second home,  
Where books and notes become my own.  
I study hard, with focus keen,  
To make my mark, to be serene.

But struggles come, they don't cease,  
Deadlines loom, and stress increases.  
Papers pile, and exams draw near,  
Anxiety creeps, and doubts appear.

I juggle books, and social life too,  
Trying to balance, with a heart that's true.  
Late night cram sessions, and early rise,  
Coffee fuels, my weary eyes.

Despite the struggles, I find delight,  
In learning's joy, and knowledge's light.  
Professors guide, with wisdom's share,  
And friends support, with love and care

In classrooms filled, with minds so bright,  
I see myself, in their eager sight.  
Their laughter echoes, their dreams unfold,  
And I am reminded, of my own gold.

The struggles fade, the joy remains,  
As I work towards, my future's gains.  
For being a teacher, is not just a role,  
It's a calling, that makes my heart whole.

So I'll keep striving, through every test,  
To become the teacher, I aim to be best.  
For students like them, who shine so bright,  
Make every struggle, worth the fight.



## मुस्कान के पीछे की ताकत

यह कहानी एक ऐसी लड़की की है, जो हर दर्द के पीछे मुस्कान छिपाना जानती थी। उसका मानना था –

“जब तक मुस्कुरा सकते हो, तब तक दुनिया को अपनी ताकत दिखाओ।”

वो खुद भी हँसती थी और अपने आस-पास के लोगों को भी हँसाने की कोशिश करती थी।

वह जानती थी कि इस दुनिया में हँसने की वजहें बहुत कम हैं, पर दुखी होने के कारण हजारों।

इसलिए उसने ठान लिया था कि चाहे कुछ भी हो जाए, वो हँसेगी, हँसाएगी – भले ही कोई ये न समझ पाए कि उसकी हँसी के पीछे कितनी चुप्पी और कितनी कहानी छिपी है।

बचपन से ही उसकी जिंदगी आसान नहीं थी। जब उसका जन्म हुआ, तो दादी को बेटे की चाह थी, पर आई तो बेटी। उसने कभी नहीं समझा कि बेटी होना कोई गलती है, पर प्यार उसे थोड़ा कम मिला।

भाइयों के आने के बाद वह घर की ‘बड़ी बेटी’ बन गई – जिम्मेदारियों का बोझ उसके नन्हे कंधों पर आ गया।

जिस उम्र में उसे अपने सपनों को उड़ान देनी थी, उसे समाज के डर और घर की बंदिशों में कैद कर दिया गया।

उसने देखा कि बाकी बच्चे अपनी आजादी जी रहे हैं, और वह सिर्फ ‘अच्छी बेटी’ बनने की कोशिश में लगी है।

फिर भी उसने हार नहीं मानी। स्कूल ही उसका संसार बन गया। मेहनत की, और पढ़ाई में अव्वल आई।

पिता का थोड़ा साथ मिला, पर माँ के स्नेह की कमी हमेशा खलती रही।

वह अपने दिल की बातें किसी से नहीं कह पाती थी – डरती थी घरवालों के सवालों से, समाज के तानों से, और दोस्तों के निर्णयों से।

बारहवीं के बाद जब उसके सपनों को एक नया मोड़ मिल सकता था, तब किस्मत ने फिर खेल खेला।

बड़ा क लेज मिला, पर घरवालों के सवाल शुरू हो गए – “कौन तुझे वहाँ तक ले जाएगा?

“तेरी जिम्मेदारी कौन उठाएगा?”

हर लड़की की तरह, उसके भी सपनों को रोक दिया गया।

लेकिन वह झुकी नहीं। उसने ओपन यूनिवर्सिटी से पढ़ाई जारी रखी, परिवार को शिक्षा के महत्व के बारे में समझाया, और अपने खर्च के लिए ट्यूशन पढ़ाना शुरू किया।

जब उसने DIET कोर्स करने का सपना देखा, तो फिर अड़चनें आई। पर उसने एक बार फिर अपनी राह खुद बनाई।

पहली बार में परीक्षा छूट गई, पर उसने हार नहीं मानी। दोबारा कोशिश की, और इस बार किस्मत भी उसके साथ थी।

जिस दिन वह वैष्णो देवी धाम से लौटी, उसी दिन उसे पता चला – उसका नाम admission list में है।

आज वही लड़की एक स्वतंत्र, आत्मनिर्भर शिक्षिका है।

उसने सिखाया कि अगर हिम्मत और लगन हो, तो कोई बाधा बड़ी नहीं होती।

उसकी मुस्कान आज भी वैसी ही है – दर्द में भी चमकती हुई।

वह कहती है –

“हर इंसान एक दिन शून्य होता है, लेकिन जो खुद को बनाता रहता है, वही उत्तम बनता है –

सर्वश्रेष्ठ नहीं, क्योंकि उत्तमता में भी इंसानियत जिंदा रहती है।”

Anjali

(Roll No. 21)

D.el.ed.

Second Year (A)



## PAINTING



**Ashpreet Kaur**

(54)

D.el.ed.

1st Year (B)



## INTELLIGENCE : a blessing or a curse

I rush through dawn's early light,  
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But struggles come, they don't cease,  
Deadlines loom, and stress increases.  
Papers pile, and exams draw near,  
Anxiety creeps, and doubts appear.

I juggle books, and social life too,  
Trying to balance, with a heart that's true.  
Late night cram sessions, and early rise,  
Coffee fuels, my weary eyes.

**Tripati Julka**  
(Roll No. 58)  
D.el.ed.  
Second Year (A)



## उफ! यह भ्रष्टाचार

उफ! यह भ्रष्टाचार  
कभी आदमियों पर  
कभी औरतों पर  
कभी नन्हें बच्चों पर  
करता है अत्याचार।

उफ! यह भ्रष्टाचार  
सिखाता है अनाचार  
लगाता रहता नरक का दरबार।  
करता लोगों को बीमार  
उफ! यह भ्रष्टाचार

## उस पार

सूखे पत्ते बटोरकर, तिजका-तिजका जोड़कर  
एक नाव बनाऊँगी, मैं उस पर जाऊँगी

अड़जने भी आँएगी, राह में मेरी,  
पर कुछ भी करक, मैं कुछ कर दिखाऊँगी,  
आँसुओं को बटोरकर, उनका बहाव जोड़कर  
नई ताहर बनाऊँगी, मैं उस पार जाऊँगी।

मुश्किलें कई आँएगी, राह में मेरी  
मुश्किलों से टकराकर ही, तो मंजिलों को पाऊँगी  
बुझते दिन बटोरकर, उनको रोशनी जोड़कर  
नई उम्मीद जगाऊँगी, मैं उस पार जाऊँगी।

गम कोई भी आँएगा, राह में मेरी।  
हँसते हुए उस गम को, मैं उस पार जाऊँगी।

**Fiza Ahmed**

(Roll No. 58)

B.ed.

Ist Year



## PAINTING



**Tanshi Rawat**  
(Roll No. 21)  
B.ed.  
Second Year (A)



**Empowering Futures:  
Exploring the Interaction of Child Rights and School Management Committees  
By – Dr. AlkaNarula (assistant professor)**

**PMCCE**

Education is not confined to classrooms or textbooks. It is a journey that shapes values, confidence, and compassion. To make this journey meaningful, schools need active community involvement and governance that keeps children's welfare at its heart.

School Management Committees (SMCs) play a crucial role here. As local bodies that include parents, teachers, and community representatives, they bridge the gap between schools and society. However, to truly transform schools, SMCs must go beyond administrative oversight — they must integrate child rights into every decision they make.

The United Nations Convention on the Rights of the Child (UNCRC) lays down four guiding principles:

1. Right to Education – Every child should have access to quality education without discrimination.
2. Right to Protection – Schools must be safe spaces free from violence and abuse.
3. Right to Participation – Children should have a say in matters affecting their learning and wellbeing.
4. Right to Development – Education should nurture every aspect of a child's growth — intellectual, emotional, and social.

When these principles guide school functioning, education becomes a process of empowerment, not just instruction

**The Connection-**

Despite sincere efforts, many SMCs still focus mainly on infrastructure — fixing walls, managing funds, or checking teacher attendance. While important, these actions miss the human and ethical dimensions of education.

Imagine SMCs discussing how to prevent discrimination, promote girls' attendance, or include children with disabilities. If each decision were guided by the question, "Is this in the best interest of the child?", then schools would move closer to holistic governance rooted in rights and respect.



## **A Model for Child-Responsive Governance-**

To make this vision concrete, educators can follow the Child-Responsive Governance Model (CRGM). This model emphasizes four pillars of effective and inclusive school governance:

### **1. Rights Awareness**

Committee members should be aware of children's legal and moral rights. Regular workshops and sensitization sessions help members understand their role as guardians of child welfare.

### **2. Inclusive Participation**

Every voice matters — especially those of girls, children with disabilities, and marginalized families. Student representation in SMCs encourages empathy, leadership, and shared responsibility

### **3. Transparency & Accountability**

Openly sharing school budgets, meeting minutes, and complaint mechanisms fosters trust. When the community knows how decisions are made, it becomes easier to ensure fairness and quality.

### **4. Equity & Responsiveness**

Schools must identify and remove barriers to learning — whether it's lack of toilets, unsafe routes, or economic hardship. Resources should be distributed fairly, keeping vulnerable children in focus. Together, these principles ensure that school governance protects, includes, and empowers every learner.

## **When Child Rights Meet Community Voice**

Research and practical experiences suggest that schools with active, child-rights-aware SMCs:

- Have higher enrolment and retention rates.
- Experience better teacher attendance and stronger parent–school collaboration.
- Report improved school safety and student well-being.

However, challenges remain: limited training, gender bias, lack of legal clarity, and resource constraints. Overcoming these requires collective will, continuous capacity-building and supportive educational policies.



## Steps towards a Child-Centered Future

Policymakers, teachers, and parents can work together to make schools more responsive to children's needs. Some simple yet powerful steps include:

- Integrating child rights education into SMC training programs.
- Encouraging student participation in committees and discussions.
- Providing small development grants for SMC-led inclusion projects (e.g., ramps, sanitation, safe transport).
- Setting up feedback systems for children and parents to voice concerns safely.

These actions transform governance from mere management into partnership and protection

## Conclusion:

When School Management Committees embrace child rights, education becomes truly transformative. Every meeting, every policy, and every discussion turns into an opportunity to nurture dignity, equality, and participation.

Empowering children through rights-based school governance is not only about better education — it is about building a just, compassionate society where every child can dream freely and learn fearlessly.





## **PRADEEP MEMORIAL COMPREHENSIVE COLLEGE OF EDUCATION**

**AFFILIATED TO G.G.S.I.P. UNIVERSITY AND SCERT, DELHI  
NAAC ACCREDITED & ISO CERTIFIED**

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Pradeep Memorial Comprehensive College of Education

# NEWS LETTER

Innovating New Educational Dimensions



CHIEF PATRON :-

**Mr. Deepak Vijayran**

PRINCIPAL :-

**Prof. (Dr.) Bharti Dimri**

EDITORS :-

**Dr. Ritu Malhotra**

Associate Professor (Department of Education)

## MAIN ATTRACTIONS

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- FROM THE PRINCIPAL'S DESK
- PMC COLLEGE AT A GLANCE
- EVENTS & ACTIVITIES





# PMC NEWS LETTER

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**Innovating New Educational Dimensions**

## FROM THE CHAIRMAN'S DESK



### Chairman : Sh. Deepak Vijayran

Education is the most precious asset of our life. It adds identity to an entity, The ultimate goal of education is not to be successful but to lead a contented life. I am glad that PMCCE College is excelling in various academic endeavours. The Internal Complaints Committee not only addresses issues on the campus, but has set its unique stride in bringing out an e-magazine which stands out for quality and varied themes on gender discrimination. Our institution was formed by a team of Service-oriented individuals with the aim to promote education and culture in all aspects in order to achieve and fulfill the mission statement that we believe in. I would like to offer my best wishes to you all. The need for quality education has never been so acute than it is today. Understanding this need of the time, the PMCCE has gone a long way in promoting quality education through its various endeavors. Our Vision is to instill confidence, compassion and competence in our students. We are committed to bring Social Development through individual competence. Let us join hands together to make our student community competent and confident.

## FROM THE PRINCIPAL'S DESK



### Principal : Prof. (Dr.) Bharti Dimri

This magazine marks our growth, unfolds our imaginations and gives life to our thoughts and aspirations. The strength of our college is through establishing a very clear identity, a physical place in which students feel a sense of belonging and are valued. Throughout their time at the college, students receive support and encouragement by staff without condition.

Teachers are an extremely important fact of any society for a number of reasons and their role in society is both significant and valuable. We pride ourselves in helping students to be sensitive and responsible teachers. Our students have developed a thirst for learning and acquiring knowledge and through their hard work and commitment; excellent results have been achieved in every academic year. We at PMCCE strive to make sure that what is learned at PMCCE will inspire our students at every stage of their life and prepare them as empowered and effective teachers.



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## PMC COLLEGE OF EDUCATION AT A GLANCE



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The goal of PMC College of Education is to provide quality learning experiences to develop the holistic personality of the teacher trainees.

## ACTIVITIES & EVENTS

### FRESHER'S PARTY



ON 05th September, 2024, Our college (PMCCE) hosted a Fresher's Party to welcome the new students. The event was organised by the second year students of B.Ed , D.El.Ed. and D.P.S.E. It was commenced on 10:00am and ended on 3:30 pm. The program started with lamp lightening and inaugural speech by Honourable Principal, Prof. Dr. Bharti Dimri . "Fresher's Party" in any college is an excellent opportunity for new students to bond with their peers and seniors. It is the day where seniors and juniors finally bond and unite to celebrate being part of the college.. The fresher's day was filled with excitement, joy, music, enthusiasm, laughter and happiness. Students performed cultural activities like dance, songs poems, dramas, etc. on this special occasion. The students also arranged some fun games for freshers to entertain them. All the teachers enjoyed and appreciated the program. Then the Principal congratulated the teachers and acknowledged the sincere efforts they put in every day.

### WORKSHOPS ON YOGA

A few minutes of Yoga during the day can be a great way to get rid of the stress that accumulates daily in our mind and body. Yoga postures, Pranayama and meditation are effective techniques to release stress. In today's hectic and unhealthy lifestyle, we at Pradeep Memorial Comprehensive College of Education inculcate in our students the importance of health and for that on 30 September, 2024 organized a workshop on Yoga. In this workshop, our students practiced various yoga asanas under the supervision of a well-qualified Yoga instructor Mr. Rakesh Kumar. This workshop proved to be very useful for our students as they came to know about the benefits of doing Yoga.



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### Innovating New Educational Dimensions

"Ek Ped Maa Ke Naam" is a noble initiative that aims to promote environmental conservation and sustainability. This campaign encourages individuals to plant trees and care for them, symbolizing the unconditional love and sacrifices of mothers. Our college Pradeep Memorial Comprehensive college of Education organised a campaign on "Ek ped Maa k naam" on 28th October, 2024 . Dr. Bharti Dimri, principal of PMCCE, started the campaign by planting tree which was followed by each staff member planting trees in PMCCE.

Tree plantation drives and Environmental awareness campaigns was the main objectives of this activity. "Ek Ped Maa Ke Naam" is a commendable initiative that promotes environmental conservation and sustainability.

#### PERSONALITY DEVELOPMENT WORKSHOP



On January 20, 2025, Pradeep Memorial Comprehensive College of Education hosted a one-day Personality Development workshop in collaboration with Procter and Gamble company, Whisper company, and Venus collaboration for workshops and education. The workshop aimed to provide students with insights into personal hygiene and healthy habits, addressing misconceptions surrounding hygiene practices and imparting practical knowledge on managing personal care.

Renowned guest speaker, Professor I.S. Suri, Visiting Professor at the University of Science and Technology, shared his expertise on physical, mental, emotional, and spiritual health. Our principal, Professor Bharti Dimri, emphasized the importance of personal hygiene and physical stamina. Students gained a deeper understanding of the significance of personal hygiene and its impact on overall well-being. The workshop offered a valuable platform for students to interact with industry experts, learn from their experiences, and develop essential life skills.

The Personality Development workshop was a resounding success, providing students with valuable insights and practical knowledge on managing personal care and hygiene practices. The event received a positive response from the students, and we recommend organizing similar workshops in the future to promote personal growth and development.

#### SEMINAR ON WOMEN EMPOWERMENT



Pradeep Memorial Comprehensive College of Education organized a National Seminar on "Women Empowerment" on April 4, 2025, in B-Block. The seminar aimed to promote awareness and discussion on the importance of women empowerment in the overall development of individuals, communities, and society. Dr. Ritu Malhotra (Associate Professor) and Dr. Alka Narula (Assistant Professor) were the conveners of this seminar. The event featured esteemed speakers Dr. Arvind and Dr. Anjali, along with other faculty members, who shared their insights and perspectives on women empowerment.

The seminar highlighted the importance of women empowerment, discussed challenges, and explored strategies for promoting equality and inclusivity. The speakers inspired the audience to work towards creating a more equitable society. Dr. Bharti Dimri, Principal of PMCCE, shared her thoughts on women empowerment, emphasizing its significance in today's society. The event had a positive impact on the students and faculty, raising awareness and motivating them to take action towards women empowerment.



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## FAREWELL PARTY

Farewell party is a common event that takes place in almost every college and university. Farewell party was arranged by D.El.Ed, DPSE and B.Ed students for senior students on 2nd May, 2025 at Pradeep Memorial Comprehensive College of Education. The event aimed to bid goodbye to the seniors and wish them success in their future endeavors. Farewell party was celebrated by juniors performing many cultural activities. The program began with a warm welcome speech by the anchors followed by a beautiful invocation song. The Principal addressed the gathering, expressing pride in the achievements of the graduating students and offering valuable words of advice.



The entire program was successfully organized by juniors with the help of faculty and senior students. The event concluded with a heartfelt vote of thanks, followed by a group photo session and refreshments. The farewell party was a perfect blend of emotions, laughter, and nostalgia, leaving everyone with cherished memories.



## TIRANGA YATRA

Guru Gobind Singh Indraprastha University organized a Tiranga Yatra on August 13, 2024. Students from Pradeep Memorial Comprehensive College of Education actively participated in the Tiranga Yatra, showcasing their patriotism and enthusiasm.



The Tiranga Yatra was a successful event that promoted unity and patriotism among the students. The participation of students from Pradeep Memorial Comprehensive College of Education was commendable, and the event was a great way to celebrate national pride.

